

#### Dr Nicoletta Policek, UK-CAB / EATG

**Session: End of life** 

"WE HAVE FORGOTTEN ABOUT DEATH" END OF LIFE NARRATIVES AMONGST OLDER AND AGEING WOMEN LIVING WITH HIV





#### **OUTLINE**



- RATIONALE
- FEAR OF PROGRESSION (FoP) and FEAR OF DEATH (FoD)
- KEY THEMES FROM FOCUS GROUPS
- TAKE HOME MESSAGE



Fear of progression (FoP) is a type of anxiety that results from concerns about disease progression and its consequences.





## STUDY POPULATION AND DESIGN

14 WOMEN AGED BETWEEN 56 AND 71

Mean age 65 years

**ETHNICITY: 8 CAUCASIAN, 6 AFRICAN CARIBBEAN DESCENT** 

9 SINGLE 3 MARRIED 2 WIDOWS

**IN TOTAL 29 CHILDREN** 

LIVING WITH HIV FOR AN AVERAGW OF 30 YEARS

**2 FOCUS GROUPS** 

# MAIN THEMES FROM FOCUS RAID RAID



- 1. FoP is widely experience by participants whereas FoD is not
- 2. FoD is linked to experience of loneliness
- 3. Death is associated with fear of physical pain
- 4. Trust in healthcare practitioners decreases as age increases
- 5. Assisted death
- 6. Fear of inability to afford own funeral
- 7. Fear of increased stigmatization

#### TAKE HOME MESSAGE



- 1. For women living with HIV FoP frames narratives about their future
- 2. A good quality of life as women age with HIV should be followed by a good quality of death
- The traumatic experience that is living once told that they were going to die at young age should be acknowledged
- 4. The experience of poverty and the experience of loneliness and isolation frame women's narratives about their own death.
- Eexplore health care practitioners roles in responding to patients' requests for aid in dying.

#### **ASKS**



- 1. Legislation which supports assisted death' considering bioethical, legal, religious, cultural, and professional viewpoints.
- 2. Peer led and co-produced research which addresses FoP and FoD as experienced by women who are ageing with HIV.

### **THANK YOU**



### **QUESTIONS?**