

What's New?

STEP-UP 2022/2023

In September, this cycle of STEP-UP came concluded. The **MOOC** (English and Russian) **remains available** online for the next year and soon will be on EATG's YouTube channel (@EATGMedia).

Over **230** people took the MOOC, **22** participants met in Portugal for the STEP-UP weekend, and **8** implemented local projects reaching **more than 120 people**. Many thanks to all project partners and trainers involved in this cycle!

EATG AT EACS 2023

In October, EATG organised a session on **"Empowering communities and clinicians for harm reduction and mental health"** at the EACS Conference. **Ann Piercy**, EATG member, and **Miłosz Parczewski**, EACS Board, chaired the meeting. **Jorge Garrido**, Apoyo Positivo, provided insights on chemsex and the needs of users, **Marios Atzemis**, Positive Voice, reported on the SEMID-EU project - Services for Vulnerable Migrants Who Use Drugs in the EU (SEMID-EU). **Amanita Calderon-Cifuentes**, Transgender Europe, highlighted gender transformative HIV services, centred around gender affirming care and recognition of transgender identities.

At EACS, EATG hosted the **Community Corner**. **11 speakers** shared motivational power talks and their stories, their work as activist local and European activists and doctors. The sessions were greatly appreciated by EACS attendees, including EATG members.

HIV & MENTAL HEALTH WEBINAR

In November, EATG hosted a webinar on **"Mental Health within HIV Guidelines"** discussing standards of mental health care for people living with HIV in Europe and Central Asia. Over 220 people registered with an overall attendance of **80 people**, which shows an overarching interest in discussion and education on these issues.

Based on the discussion, follow-up actions for 2024-2025 include undertaking research on HIV and mental health guidelines in Europe and Central Asia; organising webinars and training events for lay and professional healthcare workers, as well as profiting from the opportunity of AIDS 2024 to expand the conversation on integrating HIV and mental health care.

Did you miss the discussion? Click [here](#) to access speakers' PPTs and webinar recording. Report coming soon.

07 February 2024 18:00 CET

QUALITY OF LIFE OPEN-DOOR CAFÉ IS HAPPENING!



A member conversation on the **quality of life of PLHIV** and EATG's programmatic engagement.



[Click here to register!](#)

EXTRA NEWS!

F2F QOL MEETING

In October 2023, the QoL Committee met in Brussels to review the past year and **improve planning for 2024**. The next steps include improving transparency and **member engagement, synergies with other programmes and members & staff roles**. **Potential new projects** will focus on healthy ageing with HIV, HIV & Mental, and improving HIV care with patient reported outcome measures.

WAD 2023 | Stigma-Free: We call for stigma-free integrated services – Video

This World AIDS Day, in the frame of our ongoing **Stigma-Free campaign**, we launched a **video of interviews from HIV experts** stressing why we must focus the HIV response on **ending stigma and discrimination** and alleviate their impact on the **mental health and wellness of communities affected by HIV**.

On the side of EACS 2023 conference, EATG invited people with lived experience from the field of HIV to be the voices of the #StigmaFree campaign. We aimed to represent **the voices and concerns of people living with HIV and community, HIV and mental health community workers and HIV clinicians**.



STIGMA
FREE

Click on the logo &
learn more about our
Stigma-Free Campaign!

Meet the QoL Member: Rosaline M'bayo

Who is Rosaline M'bayo in a nutshell?

I am a nurse and hold a master's degree in Social Work and Pedagogy. Currently, I am the project coordinator at Afrikaherz/ VIA-Verband für Interkulturelle Arbeit Regionalverband Berlin/Brandenburg. My work is centered around Migration, Healthcare and HIV/AIDS Prevention within the African community in Germany and it is focused on psychosocial counselling, HIV Testing, HIV Training and Research.

What is it that you like most about QoL and what makes the programme special?

My interest in being part of the QoL Programme stems from the fact that team members have diverse expertise and are committed to working on aspects that can promote and help improve the quality of life of people living with HIV. The programme is special because it creates space for all team members to be actively involved.



Rosaline is currently a member of the **Quality of Life Programme Committee**.