Gender-transformative approaches:
Trans perspective on the HIV response.

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HIV Research and Advocacy Officer
Transgender Europe
Centering Gender Affirming Care (GAC) and Legal Gender Recognition (LGR) in the heart of the HIV response, will have a remarkably positively impact in the HIV outcomes of all trans people, by reducing Minority stress.
Anti-discrimination laws and policies that protect trans people in all sectors of society, including healthcare, will have a positive impact in the HIV outcomes of all trans people.
The cycle of bigotry against trans people

Transphobia and Cisnormativity

Stigma

Violence, discrimination and harassment
Risk of contracting HIV among Trans communities

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<tr>
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<th>Prevalence</th>
<th>Probability</th>
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<tbody>
<tr>
<td>Trans Feminine</td>
<td>19.9%</td>
<td>66 times higher odds</td>
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<tr>
<td>Trans Masculine</td>
<td>2.6%</td>
<td>6.8 times higher odds</td>
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</table>
Stigma against Trans people

- Lack of mental health:
  - Depression, anxiety, PTSD, Suicidal thoughts
- Loneliness (The prevalence rate of loneliness was 83.3% (perceived social isolation: 77.7%; objective social isolation: 34.4%).)
- Need for validation of one's Sexuality and Identity
- Chem Sex/Sex work/Impulsive Sexual behaviour
- Perceived Pain/Illness

Stigma against PLHIV

- Non-disclosure
- Lack of conversations
- Lack of Knowledge
- Lack of perceived risk
Stigma against Trans people

- Invisibilization and persecution of the queer and trans communities.
- Criminalization of queer and trans identities.
- Mistreatment & Discrimination
  - Misgendered/Deadnaming/
  - Negative attitudes
- Lack of access to HIV related services:
  - Not offered
  - Not eligible
  - Geographically unavailable
- Too expensive

Sexual practices → Testing → HIV diagnosis

Prevention

Adherence

Treatment

Stigma against PLHIV

- Fear
  - Lack of confidentiality
  - Discrimination
  - Persecution and Criminalization
- Distrust
Clinical needs of the Trans Communities

Gender Transformative Services

- Deconstruction of...
- Sex Positive Healthcare Services
- Reproductive Rights
- Combination/Prevention

Gender Affirming Care

- Medical Interventions
  - Preventive
  - Supportive
- Mental Health
- Peer-Peer work

- Anti-discrimination Laws

- Sexual Practices
- Sex Work
- Cis and Heteronormativity
- Recreational Drug Use

Gender affirming Care & Recognition of our identities will increase accessibility and adherence to HIV-related services.
# TAKE HOME MESSAGES...

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<tr>
<td><strong>01</strong></td>
<td>Deconstructing gender and sexuality and including a sex positive perspective of recreational drug use, sex work and sexual practices, is fundamental for the proper provision of health services.</td>
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<td><strong>02</strong></td>
<td>Peer-to-peer work is fundamental to build the bridges between further marginalized communities and healthcare professionals/services/authorities.</td>
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<tr>
<td><strong>03</strong></td>
<td>Understanding the social dynamics behind transphobia and cisnormativity, and the impact they have in the well-being of trans people, is fundamental to provide a service with empathy, kindness and compassion.</td>
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<td><strong>04</strong></td>
<td>Tackle the never ending cycle of trauma that pushes trans people into mental instability, by creating anti-discrimination and anti-hate speech/crime laws, policies and practices.</td>
</tr>
</tbody>
</table>
Thank you!