

Questions about the newsletter? Write to anton.basenko@eatg.org

What's New?

STEP-UP IS BACK!

Last April, EATG and APH launched **STEP-UP MOOC**, an open access self-paced e-learning training programme available both in English and Russian. It is designed **by the community for the community** and it is based on EATG long-standing experience with the STEP-UP capacity-building project. This training programme is addressed to HIV activists from across Europe and Central Asia, young researchers, healthcare workers and people who work with different communities. Since its launch it has already welcomed **150 participants!**



[CLICK HERE TO REGISTER!](#)

THE MENTAL HEALTH AND HIV PLATFORM

The first European and Central Asian HIV and Mental Health **online platform** was launched on the 25th of January. It brings together people living with HIV and their communities as well as healthcare professionals to exchange on topics ranging from **common mental health issues to healthy ageing and community worker training**. The project has been extended until the end of the year and will develop an **extensive HIV&MH campaign** to further its outreach. We invite you to visit the platform at hivandmentalhealth.org.

AGEING WITH HIV

On the 10th and 11th of May, the international cooperation of older people living with HIV (**iCOPE HIV**) is hosting a webinar on **"HIV and ageing: setting global priorities"**. There you will be have the opportunity to discuss comprehensive models of care and aging-related issues and strategies among PLHIV, as well as participate in the overall priority setting of the cooperation. Importantly, last November, iCOPE HIV had already outlined key concerns about ageing-related issues in the community in its call for action, **The Glasgow Manifesto**.




Scan or Click on the QR Code to read the Manifesto!

WHAT'S NEXT?

STEP-UP Training Weekend

 30th June - 2nd July 2023

 Porto, Portugal

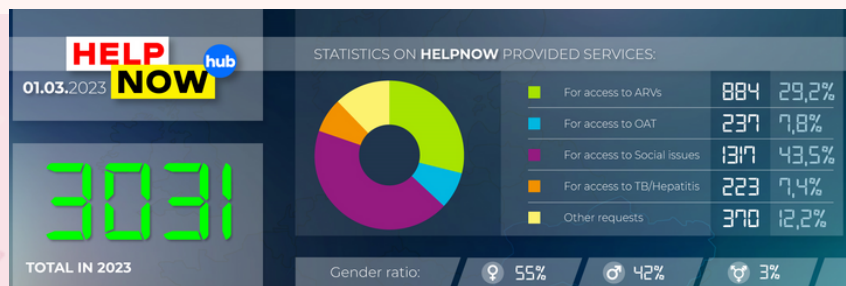


THE FLOOR TO MARIO CASCIO, OUR PROGRAMME CHAIR!

🗨️ *Our projects and activities cover wide-ranging topics, our aim is that of **improving the quality of life of PLHIV**, addressing issues such as mental health, stigma and discrimination, and the need for integrated services. Our **priority** is **advocating for change at policy level and in clinical practice**, addressing the specific medical needs and specific social support needs of living long term and ageing with HIV.* 🗨️

SOLIDARITY WITH UKRAINE!

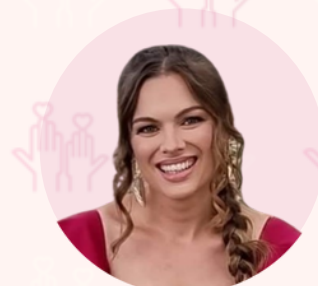
Over the past year, EATG has been one of the key partners of the **#HELPNOW** initiative and continues to support key populations in times of war in Ukraine. Read more about #HELPNOW at <https://helpnow.aph.org.ua/en/helpnow-has-been-with-ukrainians-to-provide-assistance/>



Meet the QoL Member: Ivana Benković

Who is Ivana Benković in a nutshell?

I have a Master's Degree in psychology with additional education in Cognitive Behavioral Therapy and Mindfulness Therapy. I am currently a PhD student (Biomedicine and Public Health) at School of Medicine, University of Zagreb and I am working at University Hospital for Infectious Diseases as psychologist and research assistant (projects EmERGE, EuroSIDA and RESPOND). I participated in translations of *Taking Your HIV Medicine* booklet and *Mental Health and HIV* brochure.



Ivana Benković, Zagreb (Croatia)
New QoL PC Member

What are your expectations from joining the Quality of Life Programme Committee?

I believe I could benefit greatly from working with and learning from the other skilled members of the committee. Together, we could find solutions to some of the mental health barriers and improve the quality of life of many people. Let's start from ourselves!