



Life4me+ | European AIDS Treatment Group

**Do you accept the challenge to #hivrun and help us raise funds for children living with HIV?
It's so simple!**

Step 1: Get out wherever you are and run, walk or wheel a certain distance!

Tip: You can use your wearable/smartwatch or mobile phone to count the distance and later upload it to the hivrun platform but it is not necessary. Remember you can run/walk/wheel **only once** for the #hivrun so choose the day you plan to run/walk/wheel the longest distance.

Step 2: Login to hivrun.com

Tip: You can register with your e-mail or use a Google, Facebook, Apple or VKontakte account you are already logged in with.

Step 3: Add your personal result

Tip: You can either enter your result through a fitness app you use -Strava or Google Fit- or enter and save the data manually.

Step 4: Upload a picture from your activity and #passthebaton!

Tip: In the following pop up window you can share a picture from your activity that will be showcased in hivrun's gallery and share your achievement through your social media or e-mail a friend asking them to participate and pass the baton! Remember to use the hashtag #passthebaton

1km=1EUR

For every kilometer that is registered one euro is added to the funds for children living with HIV. The race finishes on the the World AIDS Day, 1 December 2021.

Let's run/walk/wheel today and help raise together as much funds as we can!

#hivrun
#passthebaton
hivrun.com

For further queries, please contact: communication@eatg.org

About the co-organisers:

Life4me+ is an International non-governmental organization that works to prevent new cases of HIV and other STIs, hepatitis C and tuberculosis. The Life4me+ app is available in 156 countries in fifteen languages. Life4me+ supports people living with HIV. Report cases of discrimination, stock-out in the provision of drugs, and monitor quality of medical care. It cooperates with health systems and other agencies around the world.

The **European AIDS Treatment Group (EATG)** is a patient-led NGO that advocates for the rights and interests of people living with or affected by HIV/ AIDS and related co-infections within the WHO Europe region. Founded in 1992, the EATG is a network of more than 160 members from 45 countries in Europe. Our members are PLHIV and representatives of different communities affected by HIV/AIDS and co-infections. EATG represents the diversity of more than 2.3 million people living with HIV (PLHIV) in Europe as well as those affected by HIV/AIDS and co-infections. For more information, please visit www.eatg.org