

**DO YOU ACCEPT
THE CHALLENGE
TO #HIVRUN**

FOLLOW THE STEPS

Life4me+



European
AIDS Treatment
Group

**HELP US
RAISE FUNDS
FOR CHILDREN
LIVING WITH HIV**

IT'S SO SIMPLE!

STEP 1

**Get out wherever you are
and run, walk or wheel
a certain distance!**

TIP

You can use your wearable/smartwatch or mobile phone to count the distance and later upload it to the hivrun platform but it is not necessary.

Remember you can run/walk/wheel only once for the #hivrun so choose the day you plan to run/walk/wheel the longest distance!

STEP 2

Login to hivrun.com

TIP

Register with your e-mail or use a Google, Facebook, Apple or VKontakte account you are already logged in with.

STEP 3

Add your personal result

TIP

Enter your result through a fitness app you use - Strava or Google Fit - or enter and save the data manually.

STEP 4

**Upload a picture
from your activity
and #passthebaton!**

TIP

In the following pop up window share a picture from your activity that will be showcased in hivrun's gallery.

Share your achievement through social media or e-mail a friend asking them to participate and pass the baton!

Don't forget to use the hashtag **#passthebaton**



1KM = 1EUR

For every kilometer that is registered one euro is added to the funds for children living with HIV.

The race finishes on the World AIDS Day, 1 December 2021.



Barents Sea

Kara Sea

**LET'S
RUN/WALK/WHEEL
TODAY & HELP
RAISE TOGETHER AS MUCH
FUNDS AS WE CAN!**

HIVRUN.COM

**#PASSTHEBATON
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